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2016 High Point Awards

ADULT

PB Country/English

Michelle Woelfel
DCA Windwalker

HA Country/English

Texie Lowery
My Name is Earl+//

PB Western

Mignon Stetman
Legacy PR+//

HA Western

Mignon Stetman
PR Butch Cassidy+++//

PB Hunter

Gwen Mahoney
Backstreet Kid V

HA Hunter

Kristen Wheeler
Knights Winter Lady

English Specialty

Texie Lowery
My Name is Early +

Western Specialty

Sandra Augustine
WGA IMA Copy Katnik

PB Versatility

Dawn Dawson
Felenah+++//

HA Versatility

Sandra Augustine
WGA IMA Copy Katnik

Sport Horse

Lauren Payne



President's Corner

Happy New Year from the Colorado Arabian Horse Club. We are off to a great start for 2017 as Club members will be helping to staff the Stock Show Booth that we share with the Colorado Horse Council, the CHDA, the RMQHA and other breed associations. Show Managers and Committee Chairman are already hard at work on planning activities and shows for the new year.

2016 will be a hard act to follow as the CAHC had an outstanding year with lots of activities and awards. All of the five CAHC shows were profitable this year, some made a little profit and others made a substantial profit. The Club ended the fiscal year in a good financial position and in the black for the second year in a row. Our membership numbers are up by about ten percent and show participation was up at all of the shows except for the Fall show. The Fall Show was not as well attended as years past but still managed to be profitable. Activities for 2016 included breed promotion booths at the National Western Stock Show, Rocky Mountain Horse Expo, the Westernaires' new member breed exhibition, Colorado Horse Park and Arapahoe Park race day just to mention a few.

The CAHC Horse Judging team, coached by Kendra McConnell and Rachel LeClere brought home National Champion honors once again for the Club and Region 8. The JrCAHC Club is alive and well and very active. They participated in several activities including a fundraiser which they donated the proceeds to the Arabian Horseman's Distress Fund. At the AHA Convention in Tulsa, OK, the CAHC won the Breed Promotion category and was named the 2016 AHA Club of the Year in the Club Excellence Awards Program. Quite a feat as the other semi-finalist in the competition was the Arabian Horse Association of Arizona,,,,tough competition for sure!

The Year End High Point Awards party was held in December at the Holiday Hurrah Horse Show in Denver. Adult and Youth high point awards winners are listed elsewhere in this edition of the Newsletter. Other awards presented were made to Elin Smith, awarded the AHA Regional Level Volunteer Award (from Region 8) and Eri Hook, the AHA Club Level Volunteer Award from the CAHC. Jim Hltt was

Paladdin

PB Halter (TIE)
Dean Stankovich
Bit of Connection V

Deborah Ludington
Starovin

HA Halter
Debbie Helmick
Dances With FDame WF



selected as the Volunteer of the Year for his work and contributions of his time and talents to the CAHC. Arlyn LaBair was selected to receive the President's Award for her work as the CAHC Volunteer Coordinator as well as for her work on the Club Excellence Award entry. Arlyn's outstanding submission of our entry to the Club Excellence Awards program contributed significantly to the CAHC being named the AHA Club of the Year for the second time (2014 and 2016). A great number of Club members contributed to all of the projects that were involved in the CAHC winning this prestigious award.

Despite all the good news, we have a long ways to go! I am confident, however, that the CAHC will continue to grow and prosper with your help and participation. We have hard working and dedicated Club Officers and Directors whose love of our wonderful Arabian horses contribute to our success. Our members not only show their horse, but participate in a multitude of activities such as Endurance, Dressage, Western Dressage, Working Western and pleasure and trail riding. There is room for everyone in one of these or other activities for you to join in to be a proud member of the AHA Club of the Year...the Colorado Arabian Horse Club!

Jerry Martinez
President
Colorado Arabian Horse Club

YOUTH
Walk-Trot
Alexa Gilbert

Hunter 14-18
Morgan Vaughan

Western 11-13
Jessica Jacobucci

Western 14-18
Francesca Welter

English/Country 14-18
Peyton Randle

Showmanship 11-13
Jessica Jacobucci

Showmanship 14-18
Morgan Vaughan

Working Western
Jessica Jacobucci



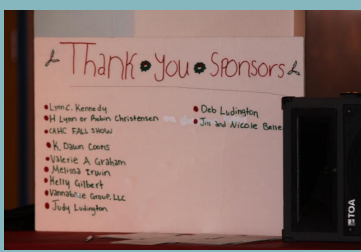
Thank you to our Youth Year End Award Sponsors....

CONGRATULATIONS...



CONGRATULATIONS TO CAHC for being named 2016 Club of the Year by AHA and Breed Promotion Community Involvement. This is the second time that CAHC has won the Club of the Year award. A big thank you to all involved with CAHC and their dedication to promoting the Arabian breed.





The Fit Equestrian

By Laura M Rubin, CPT
Fit-2-Ride

Getting to the Core of Riding

Your core is like a barrel around your body starting at the diaphragm down to your pelvis. Flexibility, stabilization and strength of these muscles supports the back and reduces the likelihood of lower back pain and assists in... proper alignment on your horse.

Flexibility is the first step in my programs. Flexible muscles allow for a full range of motion and suppleness in the saddle. The Cat-Cow exercise (often used in yoga) is an excellent dynamic stretching exercise that when done correctly tones and stretches the abdominal muscles while developing spine flexibility. Note, if getting down on the floor is difficult, this exercise can be done sitting in a chair. I would add 3 sets of 1 minute each of this exercise to the warm-up session of any workout.

This [article](#) provides a detailed description of the exercise.



UPCOMING EVENTS

January 21st - 5 pm
FREE Barn Safety Seminar
Poudre Valley REA
7649 REA Parkway
Ft Collins, CO

January 31st
Delegate Resumes Due

January 31st
CABA Nomination Deadline



CAHC Youth Named 2016 Region 8 Champions - Regional Youth Team Tournament

Congratulations to Jesslyne Kaufling, Franci Welter, Grace Forbes, Marina Vaughn, Morgan Vaughn, and Kelly Meyer Performance Horses. This team of girls, 5 Bits, (team name) are the 2016 Region 8 Champions in the Regional Youth Team Tournament sponsored by the Arabian Horse Association. They accumulated more points from showing this past year than any other team in Region 8. They couldn't have done it without their coach Kelly Meyer, who they love dearly. They are some of the most talented, hardest working, horse loving girls I know. Couldn't ask for a better group of equestrians to represent Region 8. Your parents are all so proud of you.

Pictured Left to Right - Morgan Vaughn, Grace Forbes, Franci Welter, and Jesslyne Kaufling



Colorado Judging Team Wins Big

Four seniors traveled to Tulsa, OK to compete at U.S. Arabian & Half-Arabian National Championship: Kelsey Dawson, Bennett Groshong, Melanie Hansen and Teaghan Weir. All team members placed in the Top Ten individually at a large contest and won each division as a team as well as the overall high team award. Between the four, they brought home over \$1,500 in scholarships and numerous prizes.

For more details regarding the 2017 team, contact Rachel LeClere or Kendra McConnell at bouldercountyhorsejudging@gmail.com.

[Nomination Forms](#)

May 5th - 7th
No Frills Show

May 26th - 28th
[CAHC Spring Show](#)
National Western Events
Center
Denver, CO

June 7th - 10th
[AHA Region 8 Show](#)
Denver Events Center
Denver, CO

AHA Video on Registering your Foal

With foaling season just around the corner, AHA has created a video on how to register your foal. Check it out.



Quick Links

- [CAHC Website](#)
- [2017 BOD](#)
- [CO Breeders Alliance](#)
- [Join CAHC](#)



Calling All HS Seniors

Region 8 is changing the long standing Burr Betts Scholarship Program. There will now be four scholarships offered at \$1,000.00 each, these will be open to Region 8 students either coming out of high school or continuing college students. Region 8 Past Director, Rusty Cook, will chair this committee. F

For more information on the Burr Betts Scholarship Program please contact Rusty Cook at rustycook4412@msn.com. Information and applications will be on the [Region 8 website](#).

The [Arabian Horse Foundation](#) offers a wide array of scholarships to AHA members. We want to help our outstanding youth find scholarship opportunities on the AHA website as well as submit the general Arabian Horse Foundation application by April 1.



Do You Want to Make a Difference?

If you are interested in representing the Colorado Arabian Horse Club as a convention delegate, please submit your resume to:

Eri Hook - Eri.Hook@ArabianHorses.org

Delegates and alternates must be AHA and CAHC members.

The AHA Convention will be held at the Denver Marriott Tech Center on November 15-18, 2017.

Deadline to submit resumes is January 31, 2017.



Colorado Arabian Horse Club
Arabian Horse Association
Region 8 Affiliate Club

